

CORE ASSOCIATION Adult Services Newsletter

COMMUNITY SERVICES



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 Check us out on
 Facebook:
 CORE Association
 CORE Kids on the Block
 CORE Masters



What a great month. We had fun with watching the solar eclipse, wearing our ASL shirts on the 15th, as well as having Painter Girl come in. Welcome to Abie and Melissa to the staffing team. We look forward to getting to know you better. Wally is back and we had him come sing to us, as well

as started planning for the summer months. Big Marble Go Centre will be closing down their pool for approximately 5 months for upgrades, and we are looking at plans with Crestwood pool for some times. . We are so thankful for community partnerships and the wonderful activities there are in the community. We are also getting ready

for the 70th Anniversary celebrations. Can you believe CORE is 70 years old? We cant wait to celebrate, and are looking at an open house on **June 18th, 2024.** Please put this date on your calendar and note that CS will not be open that day for all activities. A memo will come out soon. Also on **May 20th** we will be closed due to the stat day.

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EMPLOYMENT

This month we are showcasing Lisa Frey. Lisa has been working at Taco Time on Dunmore Road for over 15 years. Lisa takes pride in her job and is a role model for her peers. Lisa also volunteers once a week at the Viener Center where she is known to be a devoted volunteer, always willing to pitch in and helps others.



CORE MASTERS ADVOCACY COMMITTEE

CORE Masters asked for Laurie to come in and tell them all about the kitchen, including the upcoming "snack basket"

Swimming at Crestwood,

May 15 to the end of June Tuesday afternoons 1:00-2:30

July 1 to whenever the BMG pool re-opens Fridays 1:00-2:30

Painting has begun in the old post building, we are all anticipating the arrival of the new store run by the YMCA



CORE KIDS ON THE BLOCK PUPPETEERS



Happy May everyone! April sure did go fast this year! The Core Kids on The Block are now 4 weeks into practicing 4 new scripts!

This time we chose to do Fire Safety as our theme, since now the weather is warming up and many families are now heading

outside for camping or bonfires! It's a great time to go over your household's fire escape plan!

Don't forget to check your fire extinguisher as well! Stay tuned for next month's news letter for

updates on show times!



ART CLASSES

Individuals will learn to use natural mediums in art for expression, but also to draw attention to the benefits and beauty of nature.

The combination of art and nature allows people to explore the natural world, create more profound meaning for themselves, and inspire creativity with natural resources.



COOKING AND BAKING CLASSES



Cooking and baking class have become very popular. There is usually a waiting list to attend. All the participants are very excited to eat what we cook or bake. We are also going to start doing catering. In the near future. Review the menu attached at the back of the news letter.



THROUGH THE LENS



This month we went over staying safe and being respectful while taking pictures. Learning where is

okay to take pictures as well as where we should get permission first beforehand. Afterwards we took pictures of each other and then photoshopped ourselves in the pictures. Each person had their own ideas of the picture they wanted and everyone helped in making them. All six pictures are on our Facebook page, and also printed at CS.

With the weather being nicer out, I hope you are all getting your cameras out, and we would love to see the pictures you take. In May we will be looking at Macro photography and then looking at some ideas for a summer activity with our



MOVIE REVIEW AND TRIVIA BY: CLAYTON

This movie has Kirsten Dunst. It follows a team of journalists traveling across the United States during a civil war. There was a lot of action in the movie, with hostages and blowing things up. With war comes a lot of death which was bad,

and my friend hid her face with those scenes. It showed scenes from Washington and other places in the States.

Trivia Questions:

- 1. Kristin Dunst has dual citizenship in which two countries?
- 2. Who did they get to be extras on this film?



STAFF UPDATES



May 20-26th is Community Disability Services Professional Week. We recognize each of our staff and all the hard work they do every day everywhere. Please join us in recognizing the amazing staff team here at CORE by letting them know how much they are valued. Check out:









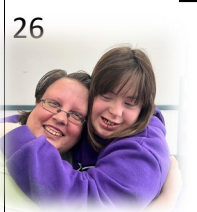
<https://adwa.ca> for more information.



Welcome Back Wally

TRIVIA ANSWERS

- Dunst has dual citizenship for the US and Germany. Her father was born in Germany. Kirsten can fluently speak the language and occasionally visits her grandparents, who live in Hamburg.
- Many of the soldiers on either side of the conflict were played by actual former military veterans to give a sense of added realism.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>BMG Center will be closing its pool as of May 15th. We are working on a "Summer schedule" and will have those out as soon as they are completed over the first few weeks of May.</p>			<p>1 Am: Pre-Employment class, BMG, Art PM: Swim, YMCA, Library, Puppets: 1-3pm</p>	<p>2 Am: Book Club Swim, BMG, YMCA, Racquetball PM: Swim, Bowling</p>	<p>3 Am: Swim, BMG, YMCA, Ladies get together PM: BINGO, BMG</p> <p></p>	<p>4</p>
<p>5</p> <p></p>	<p>6 Am: Art, Cooking, BMG, YMCA PM: Sign Language 1-2pm Music Trivia 2-3pm Puppets: 1-3pm Darts: 115-230pm Day off Pub</p>	<p>7 Am: Life skills, Swim, Guys get together PM: Swim, Art, BMG</p> <p>Photography Walk Police Point 2-330pm </p>	<p>8 Hats On! for Mental Health Day Am: Pre-Employment class, BMG, Art PM: Swim, YMCA, Library, Puppets: 1-3pm</p> <p></p>	<p>9 Am: Book Club Swim, BMG, YMCA, Racquetball PM: Swim, Bowling</p>	<p>10 Am: Swim, BMG, YMCA, Ladies get together PM: BINGO, BMG</p>	<p>11</p> <p></p>
<p>#CompassionConnects us all - CMHA Mental Health Week 2024 - healing with compassion</p>						
<p>12</p> <p></p>	<p>13 Am: Art, Cooking, BMG, YMCA PM: Sign Language 1-2pm Music Trivia 2-3pm Puppets: 1-3pm Darts: 115-230pm Day off Pub</p>	<p>14 Am: Life skills, Swim, Guys get together PM: Swim, Art, BMG Gym</p>	<p>15 CMAC meeting Am: Pre-Employment class, BMG, Art PM: YMCA, Library,</p>	<p>16 Am: Book Club Swim, BMG, YMCA, Racquetball PM: Bowling</p>	<p>17 Am: BMG, YMCA, Ladies get together PM: BINGO, BMG</p>	<p>18</p> <p></p>
<p>19</p> <p></p>	<p>20 CLOSED MAY LONG WEEKEND</p>	<p>21 Am: Life skills, Guys get together PM: Swim, Art, BMG Gym</p>	<p>22 Am: Pre-Employment class, BMG, Art PM: YMCA, Library, Puppets: 1-3pm</p>	<p>23 Am: Book Club Swim, BMG, YMCA, Racquetball PM: Bowling</p>	<p>24 Hot Dogs/ Chili Lunch Am: BMG, YMCA, Ladies get together PM: BINGO, BMG</p>	
<p>Celebrating Disability Service Professional week. Thank you to our amazing staff</p>						
<p>26</p> <p></p>	<p>27 Am: Art, Cooking, BMG, YMCA PM: Sign Language 1-2pm Music Trivia 2-3pm Puppets: 1-3pm Darts: 115-230pm Day off Pub</p>	<p>28 Am: Life skills, Guys get together PM: Swim, Art, BMG Gym</p>	<p>29 Am: Pre-Employment class, BMG, Art PM: YMCA, Library, Puppets: 1-3pm</p>	<p>30 Am: Book Club Swim, BMG, YMCA, Racquetball PM: Bowling</p>	<p>31 Photography Club 930-1130am Am: BMG, YMCA, Ladies get together PM: BINGO, BMG</p>	