

CORE ASSOCIATION Adult Services Newsletter

CORE Association
412 3 Street SE Medicine Hat
(403) 527-3302
www.coreassociation.ca
Check us out on
Facebook:
CORE Association
CORE Kids on the Block
CORE Masters

INSIDE THIS ISSUE:

CMAC	2
CORE Kids on the Block Puppeteers	2
Art program	2
Kitchen News	3
Mens and Ladies Group	3
Claytons movie review and trivia	3
Upcoming EVENTS	4
Fun activities	4
Staff Appreciation	5
Calendar	6

COMMUNITY SERVICES



We are now getting into the start of summer, which means sunshine and outdoor activities. Please remember to bring in hats, sunscreen, bug spray and a water bottle for each day. Also remember to wear shoes that will support your activities like walking and being outside. We have some fun activities over the

summer months to look forward to. **June 24th:** We will be going to the baseball field and spending an hour with the Mavericks. Wear your Mavericks shirts or red. **June 28th** we will be having our CORE open house event in celebration of 70 years of service to the community. A memo went home that the CS program will be closed that day. We hope you come down and join in on the event.

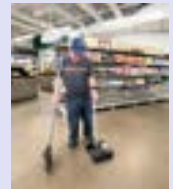
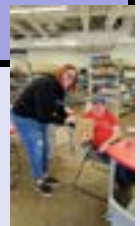
Please check your schedules for daily activities. Men's group calendar was sent home with activities for Tuesday

mornings. Sometimes it might be out in the park having lunch. Please check it so you know what to have ready. Community garden has started so let us know if you want to help out with the garden this year.



EMPLOYMENT

Congratulations to Brian on being picked as a Volunteer spotlight at the Root Cellar . Brian volunteers twice a week, and knows his role very well. He is dedicated to his schedule and will keep everyone on track with the day of the week, when the months will change over and any holidays coming up. Brian works hard and has been trying new activities as well. We are very proud of you Brian.



CORE MASTERS ADVOCACY



We would like to take the time and thank everyone who fills in for others when they are unable to work their shifts. It is appreciated! We are super proud of the amazing job everyone is doing at their job sites.

CORE Masters was included in the Chili Cookoff that CORE held, and I am very proud to say that we came in 2nd place! Thank you to those that helped out!



CORE KIDS ON THE BLOCK PUPPETEERS



Happy June Puppet Family!

May is now in our rearview mirror and what a May it was! We would like to thank Inter-Act Theater society for their continued support, with their help the CORE Kids on The Block were able to replace their audio equipment as well as provide more accessibility equipment for our puppeteers! We had a great time unboxing our gifts and testing the new equipment! One last announcement is we are now booked for our next puppet show! This upcoming month we will be presenting "Fire Safety" at the Medicine Hat Library Theater



Inter-Act
THEATRE SOCIETY

on June 12th from 1 to 3 pm! All family and friends are invited to our show!

ART CLASSES

Individuals will learn to mix watercolor paint, and to layer watercolor to control the value and opacity of the paint. They will understand perspective and how to create the illusion of space using foreground, middle ground, and background. The advantages of watercolor include its vibrant and translucent nature, quick drying time, simple set up and cleanup process, affordability, and versatility to be used in mixed media artwork.



COOKING AND BAKING CLASSES

The kitchen is doing well and has started catering. If any one is looking for some catering please give Laurie Drescher a call at 403-527-3302 ext. #107. We do everything from sandwich, fruit meat, vegetable, cheese, squares and cookie trays. All are priced reasonably. The individuals love to participate in making the trays.



GUYS AND LADIES GROUP

Please check for upcoming activities on calendars for Tuesday morning mens group and Friday morning Ladies group. Please make sure you have what you need, (example a lunch) for some of the upcoming activities.



MOVIE REVIEW AND TRIVIA BY: CLAYTON

The Garfield movie was really good. He ate spaghetti and lasagna. Garfield's adventure this time was meeting his dad with Jon. I really enjoyed it!

Trivia Questions:

1. What superhero does Garfield pretend to become when he dons his blanket?
2. In what year did Garfield premiere in newspapers?



UPCOMING COMMUNITY EVENTS

By: Lauren

June 14-16 - Redcliff Days

June 15 - Towne Square Block Party downtown - food trucks, vendors, demos (this will be every Saturday with a different theme each week starting June 15 - Sept. 7 *not on July 27) www.medicinehat.ca

June 21 - National Indigenous Day in Kin Park (across from Redi)

June 21-23 Chuckwagon Races - tix are \$30; 7pm-10pm or 2pm-5pm on Sunday

June 22, 23 - Reptile and Plant Expo \$10 10-4



FUN ACTIVITIES IN THE COMMUNITY



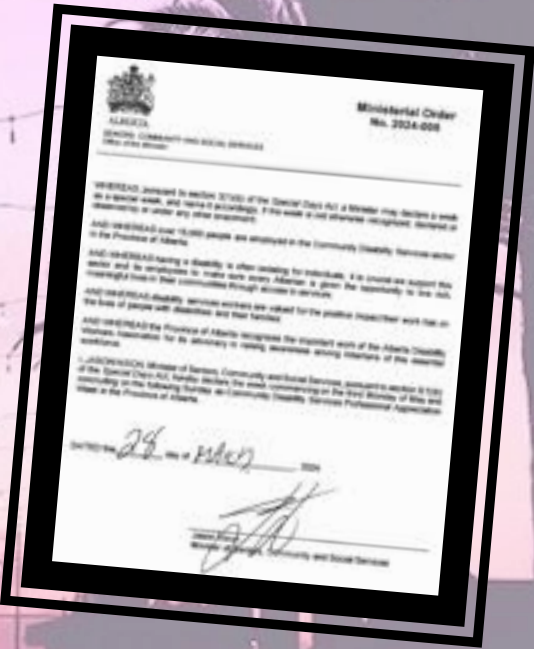


STAFF APPRECIATION

This has been the second year we officially get to celebrate a week dedicated to front line workers. Thank you to each of our staff for all that you do. Your dedication, compassion, flexibility and team work is appreciated by us all.

You do make a difference each day.

Congratulations to all the staff who won baskets and days off with pay during the week. Thank you to everyone that baked the cookies and handed them out as well as helped with the lunches. It takes a GREAT TEAM to put together so many events, and we have an amazing team!!



TRIVIA ANSWERS

- The Caped Avenger.** Whenever Garfield dons his cape, he becomes the Caped Avenger and sets out to fight evils, though his attempts to help others are often foiled by his own cape. Garfield often has multiple aliases including Count Cat and the short-lived Banana Man. Although Garfield has his recurring role as the Caped Avenger, the role only appeared once on the TV show "Garfield and Friends" in an episode entitled "Caped Avenger". Garfield has also given Pooky his trusty cape on some occasions.
- 1978** . Garfield's birthday, June 19th, 1978, is also the date of the tubby tabby's debut in newspapers. Although the popular cat debuted in only a few newspapers, this grew to more than 2,500 newspapers in twenty-five years, and it won a Guinness World Record for being the most widely syndicated comic strip in history. In the first strip, Jon explained that he was a cartoonist, and he introduced Garfield (who simply said 'Feed Me.'). In the beginning, Odie wasn't yet a character. He wasn't introduced until nearly two months later.



JUNE 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Am: Art, Cooking Class , BMG, YMCA PM: Sign Language 1-2pm Music Trivia 2-3pm Puppets: 1-3pm Community Activities, Golf/ disc golf	4 Am: Life skills , Swim, Mens Group (Police Point Park Geo Caching) PM: Baking Class, Swim/Gym at Crestwood Pool (1-230), Art, Garden, parks,	5 Am: Pre-Employment class, BMG gym, Art PM: Garden, Walking Group, YMCA ,Library, Puppets: 1-3pm Hot Lunch: Burgers	6 Am: Book Club Swim, BMG gym, YMCA, Racquetball PM: Garden, Bowling	7 Am: <u>BMG gym, YMCA, Ladies Group,</u> PM: <u>BINGO, Outside Activities, Garden</u>	8
9	10 Am: Art, Cooking Class , BMG, YMCA PM: Sign Language 1-2pm Music Trivia 2-3pm Puppets: 1-3pm Community Activities, Golf/ disc golf	11 Am: Life skills , Swim, Mens Group (Butterfly House) PM: Baking Class, Swim/Gym at Crestwood Pool (1-230), Art, Garden, parks,	12 Down Syndrome Walk Bow Island Am: Pre-Employment class, BMG gym, Art PM: Garden, Walking Group, YMCA ,Library, Puppeteer Show 1 – 3 MHPL Theater	13 Am: Book Club Swim, BMG gym, YMCA, Racquetball PM: Garden, Bowling	14 Am: <u>BMG gym, YMCA, Ladies Group,</u> PM: <u>BINGO, Outside Activities, Garden</u> Photo Club 930-1130am	15
16	17 Am: Art, Cooking Class , BMG, YMCA PM: Sign Language 1-2pm Music Trivia 2-3pm Puppets: 1-3pm Community Activities, Golf/ disc golf	18 Am: Life skills , Swim, Mens Group (Police Point Park Geo Caching) PM: Baking Class, Swim/Gym at Crestwood Pool (1-230), Art, Garden, parks,	19 Am: Pre-Employment class, BMG gym, Art PM: Garden, Walking Group, YMCA ,Library, Puppets: 1-3pm Hot Dog Lunch: CMAC	20 Am: Book Club Swim, BMG gym, YMCA, Racquetball PM: Garden, Bowling	21 Am: <u>BMG gym, YMCA, Ladies Group,</u> PM: <u>BINGO, Outside Activities, Garden</u>	22 70th Ann BBQ
23	24 Am: Art, Cooking Class , BMG, YMCA PM: Puppets: 1-3pm Time with Mavericks 1-2pm	25 Am: Life skills , Swim, Mens Group PM: Baking Class, Swim/Gym at Crestwood Pool (1-230), Art, Garden, parks,	26 Am: Pre-Employment class, BMG gym, Art PM: Garden, Walking Group, YMCA ,Library, Puppets: 1-3pm AGM	27 Am: Book Club Swim, BMG gym, YMCA, Racquetball PM: Garden, Bowling	28 CS CLOSED OPEN HOUSE 1-4pm	29
30	Please note that the 70th BBQ will be held at Kin Coulee Park on June 22nd. The AGM will be held at the Catcus room at Higdon Hall. The Open house on the 28th will be held at the main building. See memos/ invites for more details.					