

CORE

WHERE HEART MEETS COMMUNITY

August Newsletter



Where did July go? Summer is flying by with outside activities, celebrations and lots of smiles. Thank you to all the staff in Residential, CS, and Outreach for all the activities being planned and attended. August will be filled with a few day trips as well as outside activities.

Please make sure to bring your water bottles, bug spray and sunscreen. Hats and extra items like an umbrella are always welcomed. Memos about some activities will also be coming out. PLEASE pay close attention to dates and deadlines.

CS and the main office will be closed on August 5th for the Stat.

- We are on Facebook, and you can see share in memories of our activities.

- Our website is CORE Association is: www.coreassociation.ca

(403) 527-3302
info@coreassociation.ca

412 3rd Street SE
Medicine Hat, AB T1A 0H1



Kitchen News

Reminder that we have lunches on Mondays for \$7.50. The cooking class makes these meals. Tuesday to Thursday we have Soups, Sandwiches as well as snacks. Baking Class will continue to meet Tuesday afternoons. Stop by and have lunch with us!

Summer Adventures



On August 23rd and 24th (12pm-5pm) each day, there will be a Creative Community Art Exhibition at the TREX SPACE- 516 3rd St SE (close to CORE).

A few artists from CORE will be participating and we're inviting everyone to view the lovely art pieces and support our talented artists.



Thank you for celebrating our 70th year with a few events this past June. Our BBQ event was filled with love with all of you that stopped by. The AGM revealed our new look and the announcement of



the new **Executive Director, Debbie Shaw**. We are excited to welcome her back to the team and look forward to the upcoming months. The Open House brought us history of 70 years and a ribbon cutting to welcome the next 70 years. We are celebrating with being in the stampede parade this year, and getting together the float. We have loved celebrating with you all and look



forward to a few more events coming up. 13th Street will be celebrating 10 years of being open, with a block party August 24th and we will celebrate Service awards with our staffing team in the fall.

Thank you all once again.

Upcoming Community Activities/Events




By: Lauren

Remax Medalta Realty has just opened a stunning new [Art Gallery](#) that you simply can't miss! Hours are Monday to Friday, 8:30 am to 5 pm! Until Oct 31, 2024 #109 - 1235 Southview Dr SE

[Cat Cafe](#) August 9 10:00-12:00 @ public library

[Rib Fest](#): Medicine Hat Lodge grounds. August 9th and 10th 11am - 9pm, August 11th 11am - 7pm

[Porchfest](#) August 31: Porchfest is a free-to-attend festival and invites local artists and musicians to perform live music on the Southeast Hill, a historic neighbourhood with beautiful boulevards and front porches. Every year, a wandering crowd strolls from house to house and watches local performers underneath the sunshine. People of all ages bring their dogs, put on their sunscreen and sun hats, and set up their foldable chairs to sit outside and listen to live music. Enjoy the festival on foot or on bike.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>For the day trips, Memos will be sent home to people who were interested in going. Memos also for hamburger day, pretzel etc will be sent home; please check the dates and return.</p> 				<p>1 Am: BMG gym, YMCA, Racquetball, Park PM: Garden, Bowling</p>	<p>2 Am: BINGO, BMG gym, YMCA, Ladies Group, PM: Outside Activities, Garden, Swimming at Crestwood Pool (1-230pm)</p>	3
4	<p>5 STAT CLOSED</p>	<p>6 Am: Mens Group PM: BMG, Garden, parks,</p>	<p>7 Am: Park Activities PM: Garden, Walking Group, YMCA ,Library, Puppets: 1-3pm</p> <div style="border: 1px solid black; background-color: #008080; color: white; padding: 5px; text-align: center;"> <p>Hamburger Hot Lunch Day</p> </div>	<p>8 Am: BMG gym, YMCA, Racquetball, Park PM: Garden, Bowling</p>	<p>9 Am: BINGO, BMG gym, YMCA, Ladies Group, PM: Library, Garden, Swimming at Crestwood Pool (1-230pm)</p> 	10
11	<p>12 Am: Cooking Class , BMG, YMCA ,Tennis PM: Puppets: 1-3pm Community Activities, Golf/ disc golf</p>	<p>13 Am: Mens Group PM: Baking Class, BMG, Garden, parks,</p>	<div style="border: 1px solid black; background-color: #90EE90; padding: 5px; text-align: center;"> <p>ECHODALE BRING PACKED LUNCH, WATER, SUNSCREEN, HAT, BUGSPRAY ETC</p> </div>	<p>15 Am: BMG gym, YMCA, Racquetball, Park PM: Garden, Bowling</p>	<p>16 Am: BINGO, BMG gym, YMCA, Ladies Group, PM: Library Garden, Swimming at Crestwood Pool (1-230pm)</p>	17
18	<p>19 Am: Cooking Class , BMG, YMCA PM: Puppets: 1-3pm Community Activities, Golf/ disc golf</p>	<p>20 Am: Mens Group PM: Baking Class, BMG, Garden, parks,</p>	<p>21 Am: Park Activities PM: Garden, Walking Group, YMCA ,Library, Puppets: 1-3pm</p> <div style="border: 1px solid black; background-color: #008080; color: white; padding: 5px; text-align: center;"> <p>CMAC Hot Dog Day</p> </div>	<p>22 Am: BMG gym, YMCA, Racquetball, Park PM: Garden, Bowling</p>	<p>23 Am: BINGO, BMG gym, YMCA, Ladies Group, PM: Library, Garden, Swimming at Crestwood Pool (1-230pm)</p> 	<div style="border: 1px solid black; background-color: #008080; color: white; padding: 5px; text-align: center;"> <p>Block Party 13th Street</p> </div>
25	<p>26 Am: Cooking Class , BMG, YMCA, Tennis PM: Puppets: 1-3pm Community Activities, Golf/ disc golf</p>	<p>27 Am: Mens Group PM: Baking Class, BMG, Garden, parks,</p>	<p>28 Am: Park Activities PM: Garden, Walking Group, YMCA ,Library, Puppets: 1-3pm</p> <div style="border: 1px solid black; background-color: #90EE90; padding: 5px; text-align: center;"> <p>Mr. Pretzel Day</p> </div>	<p>29 Am: BMG gym, YMCA, Racquetball, Park PM: Garden, Bowling</p>	<p>30 Photo Club Day Out Alberta Birds of Prey NATURE CENTRE Am: BINGO, BMG gym, YMCA, Ladies Group, PM: Library, Garden, Swimming at Crestwood Pool (1-230pm)</p>	31