



Community Services

October was a fun month getting into new routines with new classes and activities. If you do not have a schedule please let us know. November is here and we have Midnight Madness on November 22 starting at 4pm. We would love to see everyone out and have so many great activities planned. We will need baking as well for the bake sale.



Please remember with winter creeping in to check the weather and make sure you are prepared for temperature changes. It might be a great idea to keep inside shoes in your lockers as well. We will be volunteering at the mall for Salvation Army, ringing the bells during the week starting in November.

CORE Association
Contact/Social Media

We are on Facebook, and you can see and share some of our activities.

Website:
www.coreassociation.ca

Phone:
(403) 527-3302

Email:
info@coreassociation.ca

Mailing Address:
412 3rd Street SE, Medicine Hat, AB T1A 0H1

KITCHEN NEWS

Tuesday-Thursday

Sandwich: \$4.00

Soup: \$3.50

Muffin: \$1.50

Cupcake: \$2.00

Cookies: \$2.00

Coffee: \$0.50

MENU

Mondays \$7.50

November 4: Italian sausage & Cheese baked manicotti

November 18: Meatball Subs

November 25: Stuffed shells with spinach and ricotta



Classes

Art Classes have started. Please make sure to check for memos each month with the price and projects that are coming up. If you have any questions please speak to Pamela B.

Cooking/ Baking Classes: Memos will come out about these as well. As they fill up quickly, please ensure you get memos back. If you have any questions please contact Laurie D

Activities

Bowling continues on Thursday afternoons, as well as darts each week. Big Marble Go Centre has opened up their pool again and we continue to utilize the gym, pool and more. On the schedule you will notice different activities. Please let us know if you have any questions. On the first Wednesday of each month the Medicine Hat Library puts on an activity for people with disabilities. Please check it out. Check your individual schedules out each day so you know what to get ready for. For darts, please bring a loonie or toonie for a tip to offer for the use of their darts. Also bring money if you would like a drink. Please ensure you have your bus passes, as well as gym passes or money to get into your activities. You can pre-pay bowling ahead of time if that helps anyone out.



Around the Community

The holiday train schedule has been shared. This year's performers includes Magic!, Sofia Camara, and Tyler Shaw, plus more. Here are the dates and times it will be

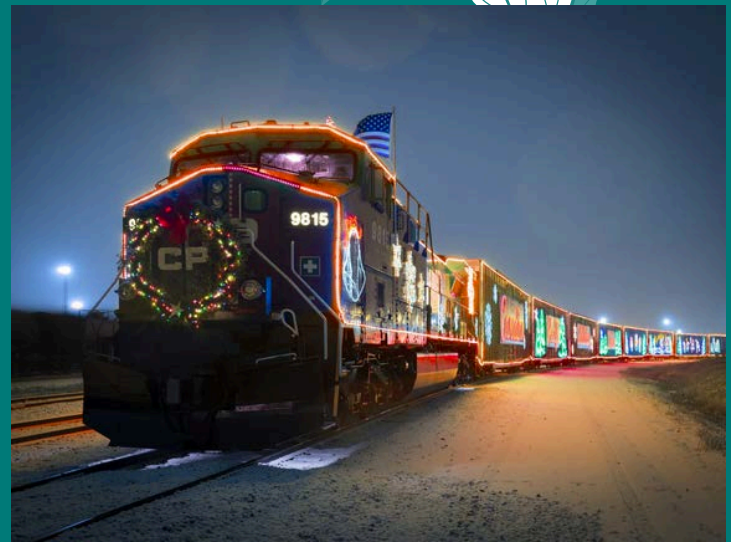
stopping:

December 8

Medicine Hat 3:15

Tilley 5:30

Brooks 6:40



Midnight Madness will be on Friday November 22, 2024 starting at 4pm. There will be a BAKE SALE, a few vendors, pictures with Santa, the Grinch and more. Taco in a bag and Mr. Pretzel will be here!!!!

We will be hosting a Garage Sale as well. MARK IT ON YOUR CALENDARS!!!!!!

Movie Review

BY: CLAYTON

Michael Keaton plays Beetlejuice, and he did a good job. Some of the characters are the same, just a little bit older.

That giant worm is back also. Dancing is still something Beetlejuice can do as he dances with an older lady. I liked this one just as much as I enjoyed the first movie. A must see and it has made it to the Halloween list for each year.



NOVEMBER 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Am: YMCA, BMG gym, Library, Ladies' Group Pm: BINGO, BMG	2
3	4 Am: Transitioning into the week, Gym, Cooking Class, YMCA., Art Class, Library Pm: Darts/Pool (Days off 130pm/ Lizards), Sign Lang. (1-2), Google Maps (2-245)	5 Am: Men's Group, Snack Basket, Mall Pm: Puppets, Baking Class, Book Club, BMG Gym	6 Am: Art Class, Employment Supports, BMG gym Pm: Crestwood Swimming, YMCA, Library	7 Am: Snack Basket, BMG gym, Racquetball Pm: Bowling, Puppets, Drop in Art Class	8 Am: YMCA, BMG gym, Library, Ladies' Group Pm: BINGO, BMG	9
10	11.  STAT: CS CLOSED	12 Am: Men's Group, Snack Basket, Mall Pm: Puppets, Baking Class, Book Club, BMG Gym	13 Am: Art Class, Employment Supports, BMG gym Pm: Crestwood Swimming, YMCA, Library Hamburger Day	14 Am: Snack Basket, BMG gym, Racquetball Pm: Bowling, Puppets, Drop in Art Class	15 Am: YMCA, BMG gym, Library, Ladies' Group Pm: BINGO, BMG	16
17	18. Am: Transitioning into the week, Gym, Cooking Class, YMCA., Art Class, Library Pm: Darts/Pool (Days off 130pm/ Lizards), Sign Lang. (1-2), Google Maps (2-245)	19 Am: Men's Group, Snack Basket, Mall Pm: Puppets, Baking Class, Book Club, BMG Gym	20 Am: Art Class, Employment Supports, BMG gym, CMAC Meeting Pm: Crestwood Swimming, YMCA, Library Hot Dog Day	21 Am: Snack Basket, BMG gym, Racquetball Pm: Bowling, Puppets, Drop in Art Class	22 Am: YMCA, BMG gym, Library, Ladies' Group Pm: BINGO, BMG MIDNIGHT MADNESS	23
24	25. Am: Transitioning into the week, Gym, Cooking Class, YMCA., Art Class, Library Pm: Darts/Pool (Days off 130pm/ Lizards), Sign Lang. (1-2), Google Maps (2-245)	26 Am: Men's Group, Snack Basket, Mall Pm: Puppets, Baking Class, Book Club, BMG Gym	27 Am: Art Class, Employment Supports, BMG gym Pm: Crestwood Swimming, YMCA, Library	28 Am: Snack Basket, BMG gym, Racquetball Pm: Bowling, Puppets, Drop in Art Class	29 Am: YMCA, BMG gym, Library, Ladies' Group Pm: BINGO, BMG Photography Club	30