

## NEWSLETTER

May 2026

### Community Services

We hope this month will bring with it spring weather. April brought us a few days of nice weather but also some snow yuck. We look forward to getting out and enjoying the weather in the parks.

Last month we broke ground on the new sensory home. Everyone is excited about the future of CORE.

We hope to have the home open by the end of the year. We are still fundraising for the home. Calendars are still available for our draws of \$500.00 each month and other draws during the months. If you don't have yours yet, there is still time.



#### Please Note

THE CS program will be closed on May 8<sup>th</sup>, 2026, as we will be hosting a tea that day. Please add this date into your calendars



### Kitchen

Cooking Theme for May is Mexican!

May the 4<sup>th</sup> be with you- Chicken Chimichangas with Street Corn Salad

May 11<sup>th</sup>- Mexican Layered Casserole

May 18<sup>th</sup>- STAT

May 25<sup>th</sup>- Mexican Chicken and Rice Skillet

#### Baking Classes:

May 5<sup>th</sup>- Unicorn Poop Cookies

May 12<sup>th</sup>- Pineapple Upside Down Cookies

May 19<sup>th</sup>- Cotton Candy Cookies

May 26<sup>th</sup> - Cookie Monster Cookies



#### Price List

Hot Lunch: \$7.50

Sandwich: \$4.00

Soup: \$3.50

Muffin/Cupcake: \$1.50

Coffee: \$0.50

Cookie: \$2.00

Photo by Mitchell



# Art Classes



We are revamping the Art Program and would like to welcome Kyla as our new art instructor. Kyla brings with her an art background and so much enthusiasm for the future of the art program.

We will continue to offer Art throughout the summer but some classes may be in the local parks.



Painter Girl visited in April to celebrate Autism Acceptance Day. Together, we painted a beautiful vase of flowers featuring the autism infinity symbol.



Photo by: Kyle

At the end of March, we used a light box and decorated some eggs. By placing the eggs in the light box and choosing different background colours, we took photos. We are excited because these pictures, along with others, will be featured on cards that people can purchase to share our photos.

In April, we tried bubbles and had fun making our own bubbles

## Photography Class



Photo by: Matthew

**CORE**  
WHERE HEART MEETS COMMUNITY  
Kids on the Block Puppeteers

This is Kevin. He has been with the CORE Kids on the Block puppeteer program for 2 years. Kevin likes to listen to heavy metal music, and is a good friend by always being there. "This program is an amazing task for me, I love being here"

[www.association.ca/core-kids-on-the-block/](http://www.association.ca/core-kids-on-the-block/)  
(403) 527-3202

## CORE Kids on the Block Puppeteers

In puppets this month, we would like to welcome our new Co-ordinator, Kayla! She has been a great addition to the puppet group and many of you have probably met her by now. We are continuing to rehearse and plan for the summer puppet schedule, which will feature the "Stories in Saratoga Park" script. The puppeteers will be doing three shows per week in the parks and different areas in the community. We are also currently scheduled attend the Hills are Alive in Elkwater on June 5/2026!





CORE Association 2026 CASH Calendars are on sale. Calendars can be purchased at CORE (412 3<sup>rd</sup> Street SE), and also online via the following link: <https://square.link/u/VA3E7XS6> or by scanning the QR code

# CORE Masters

CORE Masters will be meeting again on Wednesday, May 20<sup>th</sup> at 10:00 PM here at CS. We will be discussing the 2026 Citizen Walk About (tentative date September 4<sup>th</sup>), current events & issues facing our community, and other fun and important topics! Also, a big thank you to Pam McKenzie for her presentation on the importance of boundaries that she did this April!



# Mens Group

Activities at CS will start at approx. 9:30-9:45 AM. Community Activities (i.e. Park Days, Mall Days, Bowling, etc.) will start at approx. 10:00 AM as we try to utilize the bus as much as possible. Any changes to starting times will be noted in the activity.

May 5<sup>th</sup> – Mall Hangout (Medicine Hat Mall)

May 12<sup>th</sup> – Outdoor Sports & Park Hangout (Central Park).

May 19<sup>th</sup> – Movie Day (CORE)

May 26<sup>th</sup> – Games Day @ CS:

# Ladies Group

The ladies are working on their schedule for May. On May 1<sup>st</sup> they will be baking together for the bake sale on May 8<sup>th</sup>. They are looking to pick a date in May to go out for lunch together, and always find ways to smile and laugh.



# Movie Review by Clayton

The Super Mario Galaxy Movie is a video game come to life. Mario, alongside his friends Princess Peach, Luigi, Yoshi, and others, must save Princess Rosalina. Chris Pratt voices Mario, and Jack Black plays Bowser. It is a movie for the whole family. It is fun and funny.



Fun Fact: Chris Brandt chauffeured for Karen Black at the 2008 Sundance Film Festival.

May 31st

**FIVE GUYS**  
**COMMUNITY**  
*Event*

Help **CORE**

*Your support helps raise funds for our new sensory home!*

Sunday, **May 31, 2026** from **11:00 a.m. – 10:00 p.m.** at the  
Medicine Hat Location- 2011 Strachan Rd SE Medicine Hat AB

Five Guys will donate 20% of your purchase  
To CORE

Please present this flyer or identify yourself as part of this fundraiser at the time of purchase for your transaction to be counted.

Deliveries and Online orders not included.



# SPRING

TEA & BAKE SALE FUNDRAISER

**FRIDAY**  
**MAY 8TH**  
**11AM-2PM**

CORE Association is building a sensory-friendly home for adults with autism, a space designed to foster independence, comfort, and well-being. This home will provide a safe, supportive environment where individuals can truly thrive.

**TICKETS: \$10**

TICKETS AVAILABLE  
IN ADVANCE OR AT  
THE FRONT DESK



412 3 RD STREET SE | COREASSOCIATION.CA | 403.527.3302



The May artist for the cash calendar is Paul. His photo taken at Medalta is showcased for this month. Still time to get your calendars!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Am: BMG, YMCA, Ladies Group PM: BINGO	2
3	4 Am: Art Class, Cooking Class, YMCA, BMG PM: Sign Language/ Google Maps, Darts/pool	5 Am: Mens Group, BMG, Snack Basket PM: Baking Class, Book Club, Puppets, BMG, YMCA	6 Cheeseburger Lunch Am: Life Skills, BMG, Art, BMG PM: BMG, Crestwood Swim, YMCA, Library <small>Free movie at Library 1pm</small>	7 Am: Music and movement, BMG, Snack Basket PM: Puppets, Bowling, Drop in Art	8 <b>TEA</b> 11am-2pm <b>Sorry We're CLOSED</b>	
10	11 Am: Art Class, Cooking Class, YMCA, BMG PM: Sign Language/ Google Maps, Darts/pool	12 Am: Mens Group, BMG, Snack Basket PM: Baking Class, Book Club, Puppets, BMG, YMCA	13 Am: Life Skills, BMG, Art Class, BMG PM: BMG, Crestwood Swim, YMCA, Library	14 Wally 10am-11am Am: Music and movement, BMG, Snack Basket PM: Puppets, Bowling, Drop in Art Classes	15 Am: BMG, YMCA, Ladies Group PM: BINGO	16
17	18  <b>Sorry We're CLOSED</b>	19 Am: Mens Group, BMG, Snack Basket PM: Baking Class, Book Club, Puppets, BMG, YMCA	20 Hot Dog Lunch Am: Life Skills, BMG, Art Class, BMG PM: BMG, Crestwood Swim, YMCA, Library CORE Masters meet	21 Am: Music and movement, BMG, Snack Basket PM: Puppets, Bowling, Drop in Art Classes	22 Am: BMG, YMCA, Ladies Group PM: BINGO	23
24	25 Am: Art Class, Cooking Class, YMCA, BMG PM: Sign Language/ Google Maps, Darts/pool	26 Am: Mens Group, BMG, Snack Basket PM: Baking Class, Book Club, Puppets, BMG, YMCA	27 Am: Life Skills, BMG, Art Class, BMG PM: BMG, Crestwood Swim, YMCA, Library	28 Am: Music and movement, BMG, Snack Basket PM: Puppets, Bowling, Drop in Art Classes	29 Am: BMG, YMCA, Ladies Group PM: Karaoke Photography Club 930-1130am	30

May 8: THE CS PROGRAM IS CLOSED FOR THE DAY as we are hosting a tea

