

NEWSLETTER

June 2026

Community Services

May came so quick and left just as fast. We wanted to thank everyone who made our Tea a great success. Thank-you to Laurie for putting on a great event and raising money for the house we are building. Check out the Facebook page for the progress the house is making. June will be busy with the start of a few summer trips. - Hills are Alive and Battle of the Agencies. We also will be having a Trunk Sale (Garage sale) on June 27th. Book your parking stall for \$25.00 to bring your stuff from home to sell.



Please Note

With the summer months here, the weather can change quickly. Please ensure sunscreen, bug spray, hats, and water bottles are brought each day. Please label items as well



Kitchen

- June 1: Pineapple Chicken and Rice
- June 8: Honey lime Chicken with Mango Salsa
- June 15: Peach Basil Balsamic Chicken
- June 22: Apple Mustard Pork Burger and Wedges
- June 29: Balsamic Glazed Chicken with Strawberries and Oven Roasted Potatoes

Baking Class: Mini Loaves



Price List
Hot Lunch: \$7.50
Sandwich: \$4.00
Soup: \$3.50
Muffin/Cupcake: \$1.50
Coffee: \$0.50
Cookie: \$2.00

Photo by Mitchell



Art Classes

The great Button Migration!!!



Individuals will be working with buttons this month, exploring how to create animals using buttons and beads. Get ready to see your buttons in a whole new way. In this course, we're turning everyday buttons into a vibrant textured zoo of "Cute as a Button Critters." We'll move past simple gluing and dive into the art of layering, color-blocking, and silhouette building. Whether you're crafting a 'Mosaic Menagerie' or a 'Polka-Dot Penguin,' we'll learn how to breathe life and personality into your favorite animals using nothing but beads and buttons. The individuals will explore the anatomy of a button by choosing the right sizes for eyes, ears, and tails, while also mixing vibrant pearlescent tones with neon pops using color to tell a story. We will examine texture secrets by learning how to layer buttons to create "fur" and "scales." Finally, they will utilize mixed media such as, paint, markers, &/or pencil crayons as the finishing touch to complete the habitat or their specified animal.



Photography Class

For the last month of class before the summer we will be working on fine art selfies. Taking our selfie and turning it into art. We also have had a few people entering into a contest called My Perceptives, which is a world photo contest for people with Down Syndrome. Keep taking photos everyone and capture those moments.



Photo by: Erik

Photo by: Marci-Rae



CORE Kids on the Block Puppeteers

Puppets in the Park, continues to develop with all of the behind the scenes work that the puppet Co-ordinator preparing for performances. The puppeteers have been doing a fantastic job rehearsing, learning new words and getting ready for summer performances of "Stories in Saratoga Park." "The Hills are Alive" will be the 1st show the puppeteers will be performing. The shows in the park will officially start June 8th .

We were honored to welcome Aleigha, along with her mom and grandmother, to meet the Indigenous puppets. Aleigha wrote the script, which we have been practicing to help teach children in the community about Indigenous culture.





CORE Association 2026 CASH Calendars are on sale. Calendars can be purchased at CORE (412 3rd Street SE), and also online via the following link: <https://square.link/u/VA3E7XS6> or by scanning the QR code

CORE Masters

In May we discussed the upcoming Citizen Walk-About on September 4th, coming up with ideas for activities and ways to make the community aware of what our organizations and Individuals do. We also discussed some ideas for future trips and activities.

Come join us on June 17th for our next CORE Masters Meeting where we will talk more about the CWA as well as current events in our community.

Mens Group

June 2nd: Bowling at Panorama Lanes

June 9th: Morning Karaoke

June 16th: Outdoor Games at Central Park

June 23rd: Movie Morning and Planning for July/August

June 30th: Outdoor Games at Central Park



If the weather is not co-operative for our two outdoor days, then an alternate activity of Indoor Curling at CS will be provided.

Ladies Group

The Ladies will be planning June this coming week so please watch out for upcoming memos for activities



Thank-you To all our staff

In May, we celebrated Community Disability Service Professionals Week. We truly appreciate our entire staff team and the incredible support you provide to individuals at CORE and in the community. You are all valued! Thank you for your compassion, dedication, and the positive difference you make every day. Your hard work does not go unnoticed, and we are grateful to have such an amazing team.



CORE

Do you have items to sell but don't have a garage—or don't want people walking all over your lawn? We're opening up our parking lot for a one-day Car Trunk Sale! Simply pack up your car and pull into a stall to sell your items.

Cost: \$25.00 per stall

All proceeds go toward building a home for people with disabilities, and you keep the money you make.

At the end of the day, unsold items can be donated to the YMCA Thrift Store next door or taken home with you. We will also be hosting a BBQ and bottle drive on the same day. We suggest you bring a small table and chairs.

June 27, 2026

**412 3rd Street SE
9am-3pm**



**Call : 527-3302 to book your stall today, or
stop in to the main office**



We will be having our Parking Lot Sale on June 27th from 9am-3pm. We will also be having a bottle drive, and a BBQ! Please book a stall, save your bottles or come down to shop at the sale. All support is welcomed! We are building a house together for our community. We appreciate your support!

FUNDRAISING



2027 Cash Calendar

Artists needed...

We are looking for your art work/ photographs for the **2027 Cash Calendar**. Select pieces will be featured in the next calendar.

Please send in your selection to Pam Darley by:

1. Bringing in your piece for us to take a picture of
2. Sending in your image via email pdarley@coreassociation.ca
3. Letting Pam Darley know which photo or art work you would like to enter (as she may have it on file already)

BEFORE June 30th, 2026



**Open to
all individuals**



The June artist for the cash calendar is Erik. His photo taken at Birds of Prey is showcased for this month. Still time to get your calendars!

VOLUNTEERS NEEDED



We have one coming up on Saturday, June 27 from 11:45 am to 3:30 pm and will be looking for some CORE staff to volunteer as "floor workers", ...which is just walking around, selling tickets. Please call (403) 527-3302

AGM: June 11 at 6pm
412 3 Street SE
RSVP: (403) 527-3302

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Am: Art Class, 1 Cooking Class, YMCA, BMG PM: Sign Language/ Google Maps, Darts/pool	2 Am: Mens Group, BMG, Snack Basket PM: Baking Class, Book Club, Puppets, BMG, YMCA	Free movie at Library 1pm 3 Am: Life Skills, BMG, Art, BMG PM: BMG, Crestwood Swim, YMCA, Library Cheeseburger Lunch	Am: Music and 4 movement, BMG, Snack Basket PM: Puppets, Bowling, Drop in Art	Hills are Alive 5 Leave at 930am Am: BMG, YMCA, Ladies Group PM: BINGO	6
7	Am: Art Class, 8 Cooking Class, YMCA, BMG PM: Sign Language/ Google Maps, Darts/pool	Am: Mens Group, 9 BMG, Snack Basket PM: Baking Class, Book Club, Puppets, BMG, YMCA	Am: Life Skills, BMG, 10 Art, BMG PM: BMG, Crestwood Swim, YMCA, Library	Am: Music and 11 movement, BMG, Snack Basket PM: Puppets, Bowling, Drop in Art	12 Am: BMG, YMCA, Ladies Group PM: BINGO	13
14	Am: Art Class, 15 Cooking Class, YMCA, BMG PM: Sign Language/ Google Maps, Darts/pool	Am: Mens Group, 16 BMG, Snack Basket PM: Baking Class, Book Club, Puppets, BMG, YMCA	CORE Masters meet 17 Am: Life Skills, BMG, Art Class, BMG PM: BMG, Crestwood Swim, YMCA, Library Hot Dog Lunch	Am: Music and 18 movement, BMG, Snack Basket PM: Puppets, Bowling, Drop in Art Classes	Am: BMG, YMCA, 19 Ladies Group PM: BINGO	20
21	Am: Art Class 22 Cooking Class, YMCA, BMG PM: Sign Language/ Google Maps, Darts/pool	Am: Mens Group, 23 BMG, Snack Basket PM: Baking Class, Book Club, Puppets, BMG, YMCA	Battle of the Agencies 24 Am: Life Skills, BMG, Art Class, BMG PM: BMG, Crestwood Swim, YMCA, Library	Am: Music and 25 movement, BMG, Snack Basket PM: Puppets, Bowling, Drop in Art Classes	Photography Club 930-1130am 26 Am: BMG, YMCA, Ladies Group PM: Birthday Celebrations Karaoke	27
28	Am: Art Class 29 Cooking Class, YMCA, BMG PM: Sign Language/ Google Maps, Darts/pool	Am: Mens Group, 30 BMG, Snack Basket PM: Baking Class, Book Club, Puppets, BMG, YMCA				

